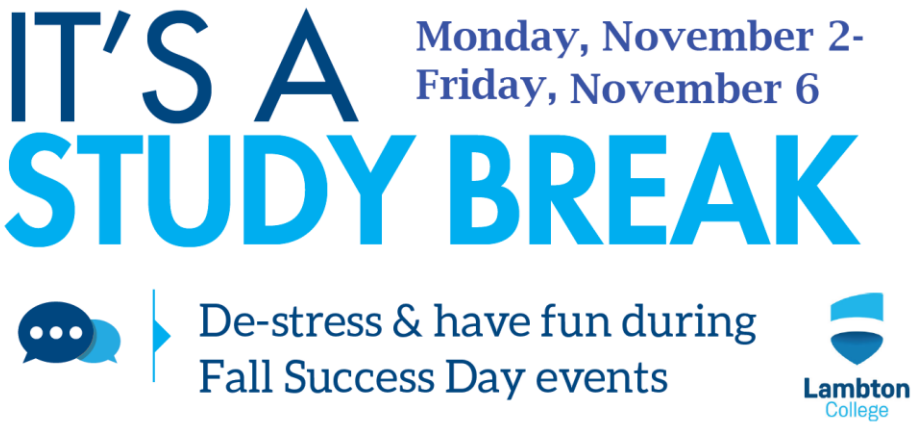
Fall Study Break



Event Schedule

Monday, November 2

Time	Session	How to Attend
9:30 am – 10:30 am	Using the Job Bank Tools for an Effective Job Search	Register for the 9:30 a.m. session
10:00 am – 11:30 am	Drop-In Dodgeball (SAC)	Meet at the Lambton College Recreation Pad – No Registration Required (in-person event)
10:30 am – 11:15 am	Computer Systems Refresher and Q&A	Join the 10:30 a.m. session
11:30 am – 12:00 pm	Tutoring 101	Join the 11:30 a.m. session
12:00 pm – 1:30 pm	Drop-In Spikeball (SAC)	Meet at the Lambton College Recreation Pad – No Registration Required (in-person event)
12:30 pm – 1:30 pm	Study Tips & Strategies for Success while taking care of YOU during this COVID time	Join the 12:30 p.m. session
1:30 pm – 2:00 pm	Guided Chair Yoga (1/2 hr)	Student Success Facebook LIVE
2:00 pm	Virtual BINGO (SAC)	Pre-registration required via the lclions.ca Student Life Calendar
2:00 pm – 3:30 pm	Drop-In Basketball Skills Contest (SAC)	Meet at the Lambton College Recreation Pad – No Registration Required (in-person event)
3:00 pm – 4:00 pm	Just for Fun: Interactive Games	Join the 3 p.m. session
4:00 pm – 4:15 pm	Guided Meditation	Student Success Facebook LIVE

Tuesday, November 3

Time	Session	How to Attend
9:30 am – 10:30 am	Resume/Cover Letter Writing	Join the 9:30 a.m. session on Tuesday
10:30 am – 11:30 am	Scholarships & Bursaries, Budgeting, OSAP	Join the 10:30 a.m. session on Tuesday
11:30 am – 12:30 pm	Research Assistance	Join the 11:30 a.m. session on Tuesday
12:30 pm – 1:30 pm	Active Study Strategies	Join the 12:30 p.m. session on Tuesday
1:00 pm – 2:00 pm	Stoichiometry Calculations (Chemistry)	Join the 1 p.m. session on Tuesday
2:00 pm	Wawanosh Wetlands: Stoves & Tenting (SAC)	Pre-registration required via lclions.ca Student Life Calendar (in-person event)
3:45 pm	Rush Fitness Studio: BootCamp Fitness Class (SAC)	Pre-registration required via lclions.ca Student Life Calendar (in-person event)
6:00 pm – 7:00 pm	Bollywood Dance Workshop	Join the 6 p.m. event on Tuesday
8:00 pm	Tuesday Night Trivia (SAC)	SAC Facebook LIVE
9:00 pm	Movie Night at Galaxy Cinemas (SAC)	Pre-registration required via lclions.ca Student Life Calendar (in-person event)
4:00 pm – 4:15 pm	Guided Meditation	Student Success Facebook LIVE

Wednesday, November 4

Time	Session	How to Attend
9:30 am – 10:30 am	Ace the Interview	Register for the 9:30 a.m. Ace the Interview event
10:30 am – 11:30 am	Optimize LinkedIn	Join the 10:30 a.m. session on Wednesday
11:30 am – 12:30 pm	Online Learning Success	Join the 11:30 a.m. session on Wednesday
12:30 pm – 1:30 pm	Mock Interviews	Join the 12:30 p.m. session on Wednesday
1:00 pm	Mixology (SAC)	Lambton College SAC Twitch Channel No Registration Required
2:00 pm – 2:30 pm	Yoga (half hour session)	Student Success Facebook LIVE
3:00 pm	Amazing Race (SAC)	Pre-registration required via lclions.ca Student Life Calendar (in-person event)
4:00 pm – 5:00 pm	Midweek Meet-up: Interactive Activities	Join the 4 p.m. session on Wednesday

Time	Session	How to Attend
7:30 pm	Musical Feature: Guitar & Song	Student Success Facebook LIVE
8:00 pm	Call of Duty Tournament (SAC)	Pre-registration required via Lambton eSports website

Thursday, November 5

Time	Session	How to Attend
9:30 am – 9:45 am	Guided Meditation (15 min.)	Student Success Facebook LIVE
10:00 am – 11:00 am	Academic Integrity – Earning your Diploma Honestly	Join the 10 a.m. session on Thursday
11:00 am – 12:00 pm	The Anxious Life: Catching your breath in a COVID world	Join the 11 a.m. session on Thursday
11:30 am – 12:30 pm	INTERNATIONAL STUDENTS – Coffee/Tea Break with Kim Hunt & Lorena Solis	Join the 11:30 a.m. session on Thursday
12:00 pm – 1:00 pm	Presentation Skills	Join the 12 p.m. session on Thursday
1:00 pm – 4:00 pm	Refined Fool – Sports: Free Food & Contests (SAC)	Pre-registration required via lclions.ca Student Life Calendar (in-person event)
2:00 pm – 3:00 pm	Industry Insights: Healthcare Info Session & Employer Panel	Pre-registration required visit beeid.org website
2:00 pm	Canatara Park: Gearing Up (SAC)	Pre-registration required via lclions.ca Student Life Calendar (in-person event)
3:45 pm	Rush Fitness: Boot Camp Workout (SAC)	Pre-registration required via lclions.ca Student Life Calendar (in-person event)
5:00 pm – 5:30 pm	Wrap Up Chat & Games	Join the 5 p.m. session on Thursday
7:30 pm	Musical Feature: Guitar & Song	Student Success Facebook LIVE

Friday, November 6

#friYAY #fridayOFF #tgif #freefriday

Thanks for participating!

If you have ideas for next time share them at our Student Success Facebook page

After Fall Study Break Events

- Monday, November 9 – 10 a.m. – 11 a.m. – Accessing the Hidden Job Market
- Tuesday, November 10 – 2 p.m. – Golf at The Range @ Hiawatha – Pre-registration required via lclions.ca Student Life Calendar
- Wednesday, November 11 – 1 p.m. – 2 p.m. – Job Search in our Changing Times – see the mylambton calendar
- Thursday, November 12 – 1:30 p.m. – 2:30 p.m. – Paraphrasing and APA Q & A – see the mylambton calendar